

THE VILLAGE YOUTH SERVICES, INC.

Summer Food Service Program (SFSP)

2018 BREAKFAST & HOT LUNCH MENU

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
June 11 – 15	it	11	12	13	14	15	
8 OZ. WHITE or CHOCOLATE MILK SERVED WITH ALL MEALS	Breakfast	Cold Cereal Diced Peaches	Cold Cereal Fresh Orange	Bagel w/Cream Cheese Fresh Pear	Cold Cereal Fresh Apple	Blueberry Muffin 100% Grape Juice	It's summer!
	Lunch	BBQ Chicken Tortilla Wrap Mandarin Orange 100% Strawberry Kiwi Juice BBQ Sauce/Ranch Dressing	Turkey & Cheese Cuban Hoagie Fruit Cocktail 100% Pineapple Juice	Latin Hoagie Sandwich w/ Turkey Ham, Turkey & American White Cheese Mandarin Orange 100% Apple Juice	"Medianoche" Sandwich w/ Turkey Ham & Swiss Cheese Tropical Mixed Fruit Cup 100% Strawberry/Kiwi Juice	Chicken Teriyaki Tortilla Wrap Pineapple Tidbits 100% Apple Juice	
June 18 – 22		18	19	20	21	22	
8 OZ. WHITE or CHOCOLATE MILK SERVED WITH ALL MEALS	Breakfast	Banana Bread Fresh Orange	Unfrosted Honey Bun Fresh Apple	Bagel w/Cream Cheese Fresh Pear	Cinnamon Raisin Bread 100% Grape Juice	Cold Cereal Fresh Orange	OFOC
	Lunch	Chicken Nuggets (5 pc) Mixed Vegetables Fruit Cocktail Whole Wheat Roll	Picadillo Brown Rice Pineapple Tidbits 100% Apple Juice	Baked Chicken Mashed Potatoes Mandarin Oranges Whole Grain Roll	Roasted Turkey Macaroni & Cheese Green Beans Applesauce	Cheese Pizza (1 slice) Corn 100% Grape Juice	***************************************
June 25 – 29	-11	25	26	27	28	29	
8 OZ. WHITE or CHOCOLATE MILK SERVED WITH ALL MEALS	Breakfast	Corn Muffin 100% Fruit Juice Blend	Blueberry Muffin Fresh Orange	Unfrosted Honey Bun Fresh Pear	Cold Cereal 100% Grape Juice	Bagel w/Cream Cheese 100% Apple Juice	
	Lunch	Beef Stew Yellow Rice Corn Pears Cup	Chicken & Veggies Soft Taco Mixed Vegetables Tropical Mixed Fruit Cup	Ropa Vieja Brown Rice Peaches 100% Fruit Juice Blend	Turkey Ham in Marinated Sauce Green Beans Fruit Cocktail Whole Grain Roll	Cheese Pizza (1 slice) Corn Pineapple Tidbits	

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
July 2 – 6		2	3	4	5	6	
8 OZ. WHITE/CHOC	Breakfast	Cold Cereal Fresh Pear	Blueberry Muffin Sliced Peaches Cup		Cold Cereal Fresh Apple	Banana Bread 100% Orange Juice	
MILK SERVED WITH ALL MEALS	Lunch	Beefaroni Corn Fresh Apple	Picadillo Congri Applesauce 100% Pineapple Juice	Sedy 4th	Arroz con Pollo Brown Rice Green Beans 100% Pineapple Juice	Cheese Pizza (1 slice) Corn 100% Apple Juice	
July 9 – 13	it	9	10	11	12	13	
8 OZ. WHITE/CHOC	Breakfast	Cold Cereal Fruit Cup	Cold Cereal Fruit Cup	Bagel w/ Cream Cheese Sliced Peaches Cup	Cinnamon Raisin Bread 100% Grape Juice	Unfrosted Honey Bun 100% Pineapple Juice	
MILK SERVED WITH ALL MEALS	Lunch	Chili w/Beans on a Hamburger Bun Green Peas Fruit Cocktail	Roasted Turkey Macaroni & Cheese Peas & Carrots 100% Apple Juice	Turkey Spanish Rice Yellow Rice Mixed Vegetables Fruit Cocktail Cup	Shredded Chicken Mashed Potatoes Pears Whole Grain Roll	Cheese Pizza (1 slice) Green Beans Mandarin Oranges	
July 16 – 20	st	16	17	18	19	20	
8 OZ. WHITE/CHOC	Breakfast	Cold Cereal Diced Peaches	Cold Cereal Fresh Orange	Bagel w/Cream Cheese Fresh Pear	Cold Cereal Fresh Apple	Blueberry Muffin 100% Grape Juice	
MILK SERVED WITH ALL MEALS	Lunch	Pollo Guisado Mixed Vegetables Mandarin Oranges Yellow Rice	Ground Turkey "Nachos" Tortilla Chips Corn 100% Pineapple Juice Cheese Sauce	Spaghetti w/Ground Beef Mandarin Oranges 100% Apple Juice	Chicken Teriyaki on a Soft Tortilla Green Peas Tropical Mixed Fruit	Cheese Pizza (1 slice) Pineapple Tidbits 100% Apple Juice	
July 23 – 27	st	23	24	25	26	27	
8 OZ. WHITE/CHOC	Breakfast	Banana Bread Fresh Orange	Unfrosted Honey Bun Fresh Apple	Bagel w/Cream Cheese Fresh Pear	Cinnamon Raisin Bread 100% Grape Juice	Cold Cereal Fresh Orange	Landi Se En an
MILK SERVED WITH ALL MEALS	Lunch	Chicken Nuggets (5 pc) Mixed Vegetables Fruit Cocktail Whole Wheat Roll	Picadillo Brown Rice Pineapple Tidbits 100% Apple Juice	Baked Chicken Mashed Potatoes Mandarin Oranges Whole Grain Roll	Roasted Turkey Macaroni & Cheese Green Beans Applesauce	Cheese Pizza (1 slice) Corn 100% Grape Juice	

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		MONDAY	THE CDAY	WEDNECDAY	THIDODAY	EDIDAY	
7 7 90 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
July 30 – Aug. 3	.	30	31	August 1	2	3	
8 OZ. WHITE/CHOC MILK SERVED WITH ALL MEALS	Breakfast	Corn Muffin 100% Fruit Juice Blend	Blueberry Muffin Fresh Orange	Unfrosted Honey Bun Fresh Pear	Cold Cereal 100% Grape Juice	Bagel w/Cream Cheese 100% Apple Juice	
	Lunch	Beef Stew Yellow Rice Corn Pears Cup	Chicken & Veggies Soft Taco Mixed Vegetables Tropical Mixed Fruit Cup	Ropa Vieja Brown Rice Peaches 100% Fruit Juice Blend	Turkey Ham in Marinated Sauce Green Beans Fruit Cocktail Whole Grain Roll	Cheese Pizza (1 slice) Corn Pineapple Tidbits	
August 6 – 10	1	6	7	8	9	10	
8 OZ. WHITE/CHOC	Breakfast	Cold Cereal Fresh Pear	Blueberry Muffin Sliced Peaches Cup	Unfrosted Honey Bun Fresh Orange	Cold Cereal Fresh Apple	Banana Bread 100% Orange Juice	SHOOL BY
MILK SERVED WITH ALL MEALS	Lunch	Beefaroni Corn Fresh Apple	Picadillo Congri Applesauce 100% Pineapple Juice	Baked Turkey Brown Rice Mixed Vegetables 100% Fruit Juice Blend	Arroz con Pollo Brown Rice Green Beans 100% Pineapple Juice	Cheese Pizza (1 slice) Corn 100% Apple Juice	
August 13 – 17	ı	13	14	15	16	17	
8 OZ. WHITE/CHOC MILK SERVED WITH ALL MEALS	Breakfast	Cold Cereal Fruit Cup	Cold Cereal Fruit Cup	Bagel w/ Cream Cheese Sliced Peaches Cup	Cinnamon Raisin Bread 100% Grape Juice	Unfrosted Honey Bun 100% Pineapple Juice	
	Lunch	Chili w/Beans on a Hamburger Bun Green Peas Fruit Cocktail	Roasted Turkey Macaroni & Cheese Peas & Carrots 100% Apple Juice	Turkey Spanish Rice Yellow Rice Mixed Vegetables Fruit Cocktail Cup	Shredded Chicken Mashed Potatoes Pears Whole Grain Roll	Cheese Pizza (1 slice) Green Beans Mandarin Oranges	385

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